



## Robert Ernest Spragg

July 20, 1968 - February 14, 2026

Robert E. Spragg, lifelong fighter of SEK and Kansas City, passed away on February 14, 2026, at the age of 57, after a courageous battle with cancer. True to who he was, Bobby fought until the very end. He spent his final days on his grandmothers land in Cherokee, KS - a place that meant something to him and reflected his deep roots.

Bobby was born on July 20, 1968 in Girard, KS to Linda Madison Duff and Ron Hamilton. As a teenager, he moved to Weir, KS, where he was raised by his Aunt Kathy and Uncle Steve Madison. He graduated from Southeast High School in 1987, carrying with him the grit and determination that would define the rest of his life.

In 1991, he met the love of his life, Ruby Lynn Spragg. Together they built a family and a life filled with both hard lessons and deep love.

In 1992, he met champion boxer Larry Mays, and trained with him for many years, becoming lifelong friends.

In 1996, Bob met Kerri Henson, who introduced him to the world of jujitsu and MMA. What started as training quickly became more than a sport - it became a way of life. He went on to found SEK MMA gym, where he trained and mentored countless fighters across the region. In 2008, Bob won the Ringside

Amateur Master's Division Super Heavyweight Champion of the World. He was especially proud of training his son, Welterweight MMA Champion Shannon Spragg. Coaching wasn't just about punches and footwork to him; it was about discipline, heart, and never backing down.

Bob was, at his core, a devoted father. He was most proud of his children and grandchildren. They were his pride and joy, he took every chance he could to teach them something - whether it was how to throw a punch, ride a motorcycle, or stand up for themselves.

He loved motorcycles, fishing, sports, the KC Chiefs, and anything Chevy. He had a fighter's spirit, a teacher's heart, and just enough stubbornness to keep life interesting.

He is survived by Lynn Spragg and TaeLynn of the home; his children Tricia Ruddick (Casey), Shannon Spragg (Kendra), Trey Spragg (Hannah), Sage Spragg (Tesla), and stepchildren; Shanna and Ryan (Shannon), niece Stephanie Jones, Cousins that were raised like siblings Joey Ross and Barb Middleton, cousin Jesse Ross his father Ronald Hamilton, his 23 grandchildren, and the many fighters, friends and extended family members whose lives he impacted inside and outside of the gym.

Bob's legacy isn't about trophies or titles- it's in the strength he passed on to others. He taught those around him to keep swinging, keep believing and never quit before the bell.

He will be deeply missed, fiercely remembered and forever loved.

Celebration of Life will be held Saturday, February 21 at Palluccas, 207 E McKay St in Frontenac, Kansas.